



Post it. Pledge it. Mean it.

Post your pledge today

 @LeicSHWB

#quitloneliness

1 in 10

people aged
over 65 report
loneliness

We need your help to reduce loneliness in Leicestershire

Having a chat, sharing a pot of tea, or helping with the shopping can make a significant difference to someone who is feeling lonely.

Working together we want to improve the lives of people in Leicestershire.

What will your pledge be?

www.healthandcareleicestershire.co.uk/reducing-loneliness