



Welcome from Dr Geoff Hanlon

This edition highlights some of the work taking place within our local communities to encourage and support volunteers and promote the health and wellbeing of Leicestershire's residents.

Leicestershire County Council is investing in TRIBE, as a platform to grow community capacity and facilitate social prescribing.

The assistive technology dementia pilot designed to help people with dementia living at home being run in Charnwood; North West Leicestershire; Hinckley and Bosworth, Blaby; Oadby and Wigston is now open for referrals.

I'm pleased to announce that the first three tools developed for the Falls Demonstrator project are ready to come online during March.

There's still time to share your views as part of the county council's consultation on their Adults and Communities draft strategy promoting well-being and opportunity across Leicestershire before their 22 March deadline.

Carillon Wellbeing Radio is celebrating 12 months on air filling the airwaves with music and, specialist shows, encouraging listeners to take steps in improving their own health and wellbeing.

I'd also like to take this opportunity to remind you of two very different initiatives that deserve our continued support - Time4Leicestershire the local skills exchange initiative for Leicestershire and the county council's Start a Conversation campaign.

Further information about our Integration Programme, including the Better Care Fund is available on the Integration Programme main page:
<http://www.healthandcareleicestershire.co.uk/health-and-care-integration/>



For previous editions of this bulletin please follow this link:
www.healthandcareleicestershire.co.uk/health-and-care-integration/health-and-care-integration-newsletters/



TRIBE in Leicestershire

TRIBE is a social action technology platform currently in development by Bronze Labs. Leicestershire County Council's Adult Social Care department has procured a two-year licence to aid in developing the product in partnership with Bronze Labs, and alongside a small number of other local authorities.

The platform grows Community Capacity, facilitates Social Prescribing and can micro commission services directly via upskilled community assets, such as local volunteers, organisations etc. The product can be used to assist local activists to upskill and possibly develop micro enterprises to operate in local communities.

TRIBE can be downloaded as a mobile application to personal or work phones and tablets. It can also be accessed through a web portal. It takes just a minute for someone to create a TRIBE account and its powerful geospatial design means that people are instantly able to make and see requests for support within the community they live or work in.

TRIBE has the capability to upskill anyone in society who has registered to become a volunteer and provide DBS checks to become a certified community TRIBE member. If checks are successful, they can then begin a new care qualification to address low level care provision for vulnerable people in communities through adaptive training.

For more information on the project contact Nigel Thomas, Assistant Director, Leicestershire County Council
nigel.thomas@leics.gov.uk



Assistive technology dementia pilot

The pilot is a partnership between Leicestershire County Council and five District and Borough Councils and is for people with dementia living in the following areas: Charnwood; North West Leicestershire; Hinckley and Bosworth, Blaby; Oadby and Wigston. Participants need to be living at home (not in a Care Home) and a family member, friend or carer must be willing to use the App on their smartphone or tablet.

The procurement process for the pilot has concluded with the contract being awarded to MySense Ltd. Their home monitoring system will be used in the pilot with a cohort of 50 people for a six month period.

Implementation planning has begun, and the pilot expects to go live later in March.

To find out more about the pilot, please email:
assistivetechnologydementiapilot@leics.gov.uk



EMAHSN Falls Demonstrator Programme

The East Midlands Academic Health Science Network (EMAHSN) Falls Demonstrator is now ready for the delivery of the first three tools:

- EMAS has now gone live with the EFRAT (electronic Falls Risk Assessment Tool) with an initial launch in the WLCCG area, that started on 10 February. This will be followed after six weeks by a wider rollout into ELRCCG and Leicester City CCG, once the necessary information sharing agreements have been signed.
- The QTUG (qualitative timed up and go) devices have now been approved for use within LPT's Falls Therapy Team for the duration of the demonstrator. The team will begin using them in early March.
- The MFRAT (multi factorial risk assessment tool) will follow this, with the first GP clinic sessions being planned to start in March

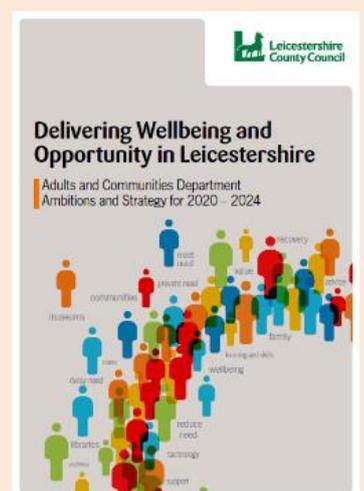
To find out more about the Falls Demonstrator Programme please contact Katy Griffith, katy.griffith@leics.gov.uk

Leicestershire County Council's Adults and Communities draft strategy

The deadline is approaching for people to have their say on the draft strategy promoting well-being and opportunity across Leicestershire.

The strategy has been developed by the county council's Adults and Communities Department, which delivers library, heritage, adult learning and adult social care services. Its aim is to bring together adult social care, community and wellbeing and adult learning services to provide and commission high-quality services which enrich the lives of individuals, families and communities across Leicestershire.

To read the draft strategy and complete the questionnaire (including Easy Read versions) please visit www.leicestershire.gov.uk/delivering-wellbeing, email ASCengage@leics.gov.uk or call 0116 305 0232 before 22 March 2020.



Carillon Wellbeing Radio – one year on

Following its launch last March, Carillon Wellbeing Radio has filled our airwaves with music, specialist shows and most importantly subtle messages encouraging listeners to take steps in improving their own health and wellbeing. Whether that is talking about local groups people can get involved with, calls to action such as giving up smoking or advice about travelling safely in the winter, the station is being well received by people across Leicestershire and beyond.

Licensed to broadcast on 1476AM and online at www.carillonradio.com, the station is run by a team of dedicated volunteers, united in their passion for both radio and the community as highlighted in their video.

<https://youtu.be/JLsiyIMpqXo>

When asked how they know the station is working, the team have received over 3,800 forms of correspondence ranging from song requests to people sharing how messages sparked them into action to improve their own circumstances such as a long-distance lorry driver who heard the NHS Health Checks message.

The station is looking for your support to get into GP Surgeries and health settings and would welcome your ideas about how to make this happen. For more information see www.carillonradio.com or contact the station on 01509 235500, email admin@carillonradio.com.



Community Timebanking for Leicestershire

Time4Leicestershire is a local skills exchange initiative across Leicestershire, where people help others in their community and are rewarded in return. For every hour of time people give helping someone, they receive one hour of time credit, to use on somebody helping them.

The benefits for Timebankers can include feeling happier and healthier, meeting new people and building support networks and improving their self-esteem. To see the range of skills you can swap with someone in your community or to sign up visit www.time4leicestershire.org.uk.

Support Start A Conversation

Leicestershire County Council's Start a Conversation website provides a range of information for people who are struggling or may be worried about somebody who may be finding things difficult and would like help on how to spot the signs.

Nobody should suffer alone, so help spread the word or visit the website for more information

www.startaconversation.co.uk



Better care together

Leicester, Leicestershire and Rutland health & social care



Follow us on Twitter @LeicsHWB

See our website: www.healthandcareleicestershire.co.uk

Download our [Better Care Fund plan on a page 2019-2020](#)

To find out more about Better Care Together – Leicester, Leicestershire and Rutland's five-year health and care strategy visit www.bettercareleicester.nhs.uk

For enquiries about this bulletin please email BetterCareFund@leics.gov.uk or call 0116 305 5749

Working in partnership

