

# Better Care Fund – Integration Executive

## Integration Resources - December 2018

### A. **Shifting the centre of gravity: making place-based, person-centred health and care a reality**

This joint report by the Association of Directors of Adult Social Services, the Association of Directors of Public Health, the Local Government Association, NHS Clinical Commissioners, the NHS Confederation and NHS Providers, includes examples to show what can be achieved by system leaders and staff from local government, the NHS, the voluntary, community and social enterprise sector, and service user and carer groups working together to improve health and deliver person-centred care.

Based on learning from the past two years, “Shifting the centre of gravity” sets out a refreshed, shared vision and a set of actions that will help local systems to progress their work on system-wide transformation. This vision should be used to shape local work on integrated health and care.

To view the report please visit:

[https://www.local.gov.uk/sites/default/files/documents/1.84%20-%20Shifting%20the%20centre%20of%20gravity%20WEB\\_0.pdf](https://www.local.gov.uk/sites/default/files/documents/1.84%20-%20Shifting%20the%20centre%20of%20gravity%20WEB_0.pdf)

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### B. **DTOC Counting Guidance November 2018**

Behind every delayed transfer of care (DTOC) from hospital to home, there is a person. Through no fault of their own, the person is not in the best place to meet their needs. No person wants to remain in hospital longer than they need to – it is recognised that it has a detrimental effect on their recovery, rehabilitation and long-term health and well-being. The monthly SitRep (MSitDT) technical guidance has been reviewed to clarify the principles, definitions and guidance relating to the recording of DTOCs.

Please send queries regarding DTOC counting to: [england.nhsdata@nhs.net](mailto:england.nhsdata@nhs.net)

For more information please visit: <https://www.england.nhs.uk/statistics/wp-content/uploads/sites/2/2018/11/Monthly-Delayed-Transfers-of-Care-Situation-Report-Principles-Definitions-and-Guidance.pdf>

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### C. **Prevention is better than cure: our vision to help you live well for longer**

The document sets out the government’s vision for:

- stopping health problems from arising in the first place
- supporting people to manage their health problems when they do arise

The goal is to improve healthy life expectancy by at least 5 extra years, by 2035, and to close the gap between the richest and poorest.

A [collection of case studies](#) has been published, showing examples of good practice in preventing health problems from happening.

To view the document please visit

<https://www.gov.uk/government/publications/prevention-is-better-than-cure-our-vision-to-help-you-live-well-for-longer>

To see the King's Fund's response to the document, please visit

<https://www.kingsfund.org.uk/blog/2018/11/prevention-better-than-cure>

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#### **D. LGA Health and Wellbeing System Bulletin October 2018**

This includes articles on winter pressures funding, loneliness, a study that has revealed that the number of very old people needing round-the-clock care set to double and GP child health hubs which have been introduced in North West London and are bringing together primary care, mental health acute and community services to look at all aspects of a child's health and wellbeing.

<https://content.govdelivery.com/accounts/UKLGA/bulletins/21341ee>