

# Better Care Fund – Integration Executive

## Integration Resources - August 2018

### A. New NHS App 'puts patients in control of their own healthcare'

For its 70th anniversary, the NHS is unveiling a new mobile phone app which allows patients to make appointments with their GP and order repeat prescriptions. It will be available to download at the end of the year. To view a BBC article about the app please visit <https://www.bbc.co.uk/news/av/business-44660782/new-nhs-app-puts-patients-in-control-of-their-own-healthcare>

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### B. 15 Days - A practical guide to leading accelerated, high impact collaboration in the Irish Civil Service.

The report and supporting toolkit published on the CES website provide a 'how to' case study and guide for senior officials in governments who are trying to work across boundaries to develop and implement policies on 'wicked issues.

The challenge of improving the mental wellbeing of young people in Ireland is one such complex issue. The Government picked this topic to be one of three high-profile pathfinder projects at the heart of its ambitious Civil Service Renewal Plan.

A small team in the Department of Health was charged with finding new ways to work together on this issue. Convinced that there was a better model than establishing a two-year committee, they decided to use an accelerated, collaborative problem-solving model and a diverse team of frontline staff and policy-makers.

This report is the story of how the 12 pathfinder group members used their 15 days of working together to get to the heart of a problem. It shows how the group came up with a small number of actions that could have a disproportionately positive impact on the underlying problem, and it is the story of how they engaged key Secretaries General to act on their findings and recommendations.

To view the report please visit

[http://www.effectiveservices.org/downloads/CES\\_Pathfinder\\_261017.pdf?platform=hootsuite](http://www.effectiveservices.org/downloads/CES_Pathfinder_261017.pdf?platform=hootsuite)

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### C. Developing new care models through NHS vanguards

This report from the National Audit Office examines whether the NHS is well placed to get value for money from its investment in developing new care models through vanguards. In particular, it focuses on:

- set up and management of the vanguard programme;
- national support and evaluation;
- progress made by the vanguards; and
- readiness for the spread of these new care models.

To view the report please visit <https://www.nao.org.uk/wp-content/uploads/2018/06/Developing-new-care-models-through-NHS-Vanguards.pdf>

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#### **D. How older people move between health and care in England**

Beyond barriers is a report from the Care Quality Commission (CQC) which looks at how services are working together to support and care for people aged 65 and over.

Many older people have complex and long-term care needs that need more than one professional and more than one service. Their experience depends on how well services work together with and for them, their families and carers.

The CQC completed a review of local health and social care systems in 20 local authority areas. It reviewed how the local area works within and across three key areas:

- maintaining people's health and wellbeing at home
- care and support when people experience a crisis
- supporting people when they leave hospital.

To view the report please visit <https://www.cqc.org.uk/publications/themed-work/beyond-barriers-how-older-people-move-between-health-care-england>

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#### **E. Care Quality Commission Guidance: Trusted Assessors**

This Guidance sets out assessment requirements that must be met when people are discharged from hospital to adult social care services under the 'Trusted Assessor' approach.

To view the guidance please visit [https://www.cqc.org.uk/sites/default/files/20180625\\_900805\\_guidance\\_on\\_trusted\\_assessors\\_agreements\\_v2.pdf](https://www.cqc.org.uk/sites/default/files/20180625_900805_guidance_on_trusted_assessors_agreements_v2.pdf)

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#### **F. A practical guide to establishing an integrated care system**

Capita created a practical guide to establishing an integrated care system, consisting of guides, opinion pieces and case studies. It draws upon its experience of supporting the transition from pathfinders to vanguards and STPs and with emerging integrated care systems.

To view the guide please visit <https://www.capita.com/media/3284/practical-guide-i-a-practical-guide-to-establishing-an-integrated-care-system-website.pdf>

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#### **G. Re-orienting the Model of Care: Towards accountable care organizations**

To view this article in the International Journal of Integrated Care, please visit <https://www.ijic.org/articles/10.5334/ijic.4162/>

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## **H. Why improving housing leads to fewer hospital admissions**

To view this article in The Independent, please visit

<https://www.independent.co.uk/property/house-and-home/decent-housing-crisis-hospital-admissions-health-respiratory-problems-a8426996.html>

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## **I. North West ADASS Market Sustainability Engagement and Research Findings**

North West Employers has published a summary of the Market Sustainability Research Findings following engagement with commissioners and providers which was carried out as part of this review.

Recent publications have highlighted that at the national level the sustainability of the ASC market is increasingly at risk. Following on from these recent discussions at North-West Association of Directors of Adult Social Services (NW ADASS) Branch meetings focused on the scale of financial challenge and the level of risk in care markets in the North-West. This has led to the Branch asking:

- How well does the Region and Sub-Regions within it understand these risks and challenges? In particular the financial challenge and
- What commissioning and market oversight arrangements by individual LAs, sub-groups of LAs and by the Region, as a whole, would best mitigate these risks? How are existing markets for older people's and learning disability services constituted?

To help answer these questions the NW ADASS Region asked Alder Advice to use data available within the region and nationally, and to engage with commissioners and providers within the Region, to advise it on its future approach to commissioning and market oversight.

The full report is available via <https://nwemployers.org.uk/wp-content/uploads/2018/06/FINAL-13518-adass-report-on-engagement-2017.pdf>

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## **J. East Midlands Academic Health Sciences Network Newsletter**

To view the latest newsletter which includes information on the new national centre for rural health and care and a project to use informatics to drive improvements in the care of older people, please visit

<https://mailchi.mp/nottingham.ac.uk/plb0jsdynh-3319997?e=27ea901be7>

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## **K. National Audit Office publishes report on health and social care interface**

The National Audit Office's (NAO) [recently published report on the health and social care interface](#), calls attention to the BCF for having 'considerable success' in tackling the issue of 'treating older patients who no longer need to be in an acute hospital', with the 'total number of beds used for delayed transfers of care falling from 6,660 in February 2017 to 4,987 in March 2018.' The report also states that the BCF 'helped bring health and social care partners together to tackle a key issue, supported by the High Impact Change model', and highlights

the role of BCF partners in 'supporting... local areas that have struggled to improve performance'.

Published on 4 July, the report draws on the NAO's and other organisations' past work, research and reviews to inform the ongoing debate about the future of health and social care. It anticipates the upcoming green paper on the future funding of adult social care and the planned 2019 Spending Review. The report presents challenges to joint working and highlights national and local work that is being done to overcome them. It also draws out risks presented by the inherent differences between the health and social care systems and how national and local bodies are managing these.

To view the report please visit

<https://www.nao.org.uk/report/the-health-and-social-care-interface/>

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#### **L. Better health and care for all: A 10-point plan for the 2020s**

The Institute for Public Policy Research has published its [final report](#) on Lord Darzi's review of health and care. The report puts forward a 10-point plan to achieve long-term funding and reform to secure the NHS and social care for the future. The plan is set alongside an offer to the public for the health and care system. It includes a recommendation to invest in health, not just in health care, by embracing a 'health in all policies' approach across government

To view the report please visit

<https://www.ippr.org/research/publications/better-health-and-care-for-all>

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#### **M. System-level evaluation of the Better Care Fund**

In its recently published [independent evaluation](#) of the BCF, the Quality and Outcomes of Person-Centred Care Research Unit at the University of Kent found that the BCF provided the majority of local systems the opportunity to be more innovative when developing joint services. The report covers the first two years of the BCF (2015-16 and 2016-17), and highlights that the BCF had promoted facilitated communication, joined-up working and collaboration between health and social care providers.

The study was commissioned and funded by the National Institute for Health Research/Policy Research programme at the Department of Health and Social Care, and aimed to:

- Describe how HWB sites planned to configure and spend the BCF
- Assess the views of those responsible for delivering integration about progress in implementation and expected impact
- Examine the effect of the BCF on DToCs and non-elective admissions.

The report is available on the Better Care Exchange (BCE). If you have not yet registered for the BCE, please request to join via email to

[England.bettercareexchange@nhs.net](mailto:England.bettercareexchange@nhs.net)

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## **N. Using technology in health and social care: CQC roundtable – 2 May 2018**

Technology is increasingly becoming part of how people and providers meet health and social care needs. CQC is committed to ensuring the public and providers can make informed choices about using technology to support care. This includes what ‘good’ looks like when technology is used to meet a person’s health or social care needs. As part of this work CQC held a roundtable discussion to hear views and experiences of the use of technology across health and social care. The roundtable was attended by 50 delegates, including health and social care providers, Experts by Experience, voluntary sector organisations and other stakeholders. The outcomes of discussions from the roundtable will inform CQC’s work on supporting the use of technology.

To view the summary of the roundtable discussions, please visit [https://www.cqc.org.uk/sites/default/files/20180717\\_technologyroundtable\\_report.pdf](https://www.cqc.org.uk/sites/default/files/20180717_technologyroundtable_report.pdf)

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## **O. Top GP will help spread innovations to join up NHS health and social care**

A specialist GP has been appointed to help spread NHS innovations which integrate health and social care throughout England.

For more information please visit <https://www.england.nhs.uk/2018/07/top-gp-will-help-spread-innovations-to-join-up-nhs-health-and-social-care/>

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## **P. County Council’s Network paper: Sustainable County Social Care: A Green Paper that delivers a new deal for counties.**

The paper, developed following extensive engagement with member councils over several months, outlines the network’s key positions, challenges and opportunities in advance of the Government’s Green Paper being published later this year. Alongside detailing the unique financial and demand-led pressures facing county authorities, the paper provides detailed analysis and recommendations across four areas;

- Financing Sustainable Social Care
- Shaping a Diverse, Vibrant and Stable Care Market
- Integration: Creating a Preventative Ecosystem
- Delivering Housing to Meet Social Care Needs

Arguing that the Government must develop a sustainable financial solution able to meet existing pressures *and* fully costed reforms, the wide-ranging paper sets out proposals for delivering better integrated, preventative services; ensuring that social care remains a *local service*, delivered by county authorities, with integration led in partnership with health services.

This publication provides the network with a solid foundation to engage with the Green Paper, both before and after publication.

To view the paper please visit <https://www.countycouncilsnetwork.org.uk/counties-set-out-their-social-care-policy-positions-in-new-report-ahead-of-government-green-paper/>